



give it a **try**



**Over 50 or aged 11 - 25?  
Be inspired & have fun with  
generations together**

[www.generationstogether.co.uk](http://www.generationstogether.co.uk)

Arts Libraries & Museums

**Luton Culture**

Delivering Cultural Services on Behalf of Luton Borough Council

# generations together



**Maggie Appleton**  
**Chief Executive, Luton Culture**

*"We're delighted to offer this range of exciting opportunities for people to try. Whatever your interest there's something tempting waiting, whether you want to learn new skills, have fun with friends, meet new people or simply want to give something back to your community. And if you enjoy these sessions, there are opportunities to get involved in the longer term. Do get in touch - we're looking forward to meeting you!"*



**David Billington**  
**Over 50's Volunteer**

*"Volunteering for the Generations Together project has been an opportunity to get out, have fun, meet some fabulous people and learn lots. And, as it's voluntary, I can do as much, or as little, as I want."*



**Sharnice Miles**  
**Young Volunteer**

*"People should get involved in GT because it's a great experience. I'm from America and came here in late January not knowing anyone but my family, I didn't have any friends and wasn't doing anything, then I heard about GT and decided to sign up. Now I have friends and experience in media and theatre just from volunteering with GT. It's a great way to give back to the community, make friends and get experience."*

# give it a try

**Give it a Try** is a series of one off taster sessions for volunteers over the age of 50 and those aged 11 – 25 taking place between May and August 2010.

Generations Together is an intergenerational project to encourage older and younger people to learn from each other by taking part in a range of creative activities from performance arts, to film making, gardening and business development.

Finally after taking part in a **Give it a Try** event you might be interested in the further opportunities on offer for volunteering and skills development within the Generations Together project.

**Ultimately Generations Together is about learning, sharing experiences and working together to have fun!**

**Pauline Catlin-Reid**  
Project Manager  
Generations Together

**To book a place please call:  
Nadia Whetton on 01582 548615 / 07939 317716**

film & theatre

sharing lives

personal skills  
development

gardening

summer festival

# cameratastic

give it a **try**

## FILM

**Give It a Try Filming** is a chance to do some on the spot filming and editing, with a professional camera demonstration.

Following this, opportunities include working on a series of short feature films including: 'My War - Your War', 'I Dress Like You' and 'The Soap' to be presented across schools and venues in Luton.

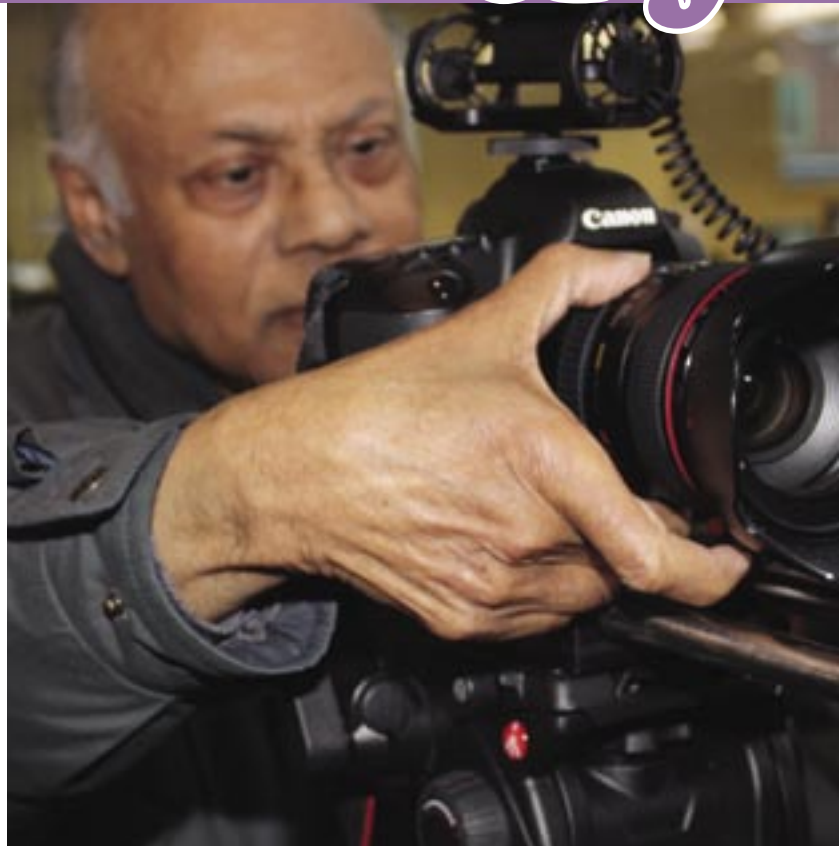
**Dates** 24 June - 28 June

**Venue** St. George's Square

**Time** 10am - 4pm

**For further information contact:**

Gavin O'Brien on 07734 859 247  
email: [Gav@clearheadmedia.com](mailto:Gav@clearheadmedia.com)  
[www.clearheadmedia.com](http://www.clearheadmedia.com)



To book a place please call: Nadia Whetton on 01582 548615 / 07939 317716

# theatre workshops

film & theatre

## PERFORMANCE THEATRE

Witness local actors perform a Generations Together Community Theatre production called 'Family of War' and then take part as a volunteer in drama workshops led by the Big Intent & Seagull Theatre companies.

After this why not sign up and work with the theatre project in devising and performing a parody of West Side Story where two gangs, one young, one older, confront each other for a stake in their neighbourhood.

**Dates** Sat 26 June

**Venue** Wardown Park Museum

**Time** 2pm

### For further information contact:

Sian Murray

email: [seagulltheatre@newhorizons.eclipse.co.uk](mailto:seagulltheatre@newhorizons.eclipse.co.uk)

Daniel Pollendine

email: [bigintent@blueyonder.co.uk](mailto:bigintent@blueyonder.co.uk)



To book a place please call: Nadia Whetton on 01582 548615 / 07939 317716

# sharing lives

# give it a **try**

## “You are NOT going out dressed like THAT!”

The Sharing Lives project will help older and younger people to explore their heritage, identity, values and feelings through the museum's collections and their own possessions. Volunteers can be trained in delivering reminiscence sessions, developing memory boxes and creating a touring exhibition.

The Sharing Lives **Give it a Try** event “You are NOT going out dressed like THAT!” is an opportunity to explore the history of fashion from the 1940s onwards. Workshops will look at a selection of the museum's clothes collection and accessories from the past seventy years.

### For further information contact:

Helen Close

email: [sharinglives@virginmedia.com](mailto:sharinglives@virginmedia.com)



**Date** Tues 29 June

**Venue** Wardown Park Museum

**Time** 10.30am - 12.30pm

**Date** Wed 7 July

**Venue** Stockwood Discovery Centre

**Time** 10.30am - 12.30pm

**Date** Thurs 8 July

**Venue** Luton Central Library

**Time** 10.30am - 12.30pm

To book a place please call: Nadia Whetton on 01582 548615 / 07939 317716

# poetry & writing

sharing lives

## STORIES, TEA & CAKE

As part of the Generations Together Poetry and Writing project, mixed aged groups will work with a poet or author to write and perform poetry, or read books aloud.

The **Stories, Tea and Cake** Give it a Try session is an opportunity for you as a volunteer to come and share your stories of childhood memories, with children and families who will be coming to the event.

Tell us about your embarrassing tales, your first love, school adventures or any other stories you may have. If you have any photos, letters or objects please bring them, to help bring your stories to life.

**Dates** Wed 28 July

**Venue** Luton Central Library

**Time** 1.30 - 3.30pm

### For further information contact:

Fiona Marriott on 01582 547 417

email: [Fiona.marriott@lutonculture.com](mailto:Fiona.marriott@lutonculture.com)



To book a place please call: Nadia Whetton on 01582 548615 / 07939 317716

# business mentoring

## A HEAD START FOR BUSINESS

**Have you ever wanted to start your own creative business company or work for yourself? Do you have business skills that you could share?**

The **Give it a Try** Business Volunteer Mentoring Sessions are for creative artists and other businesses. Older people with experience and skills will mentor and advise young people with business planning know-how including fundraising, marketing, budgeting etc. Workshop sessions will start from basic to advanced and also offer an opportunity to become an accredited business advisor.

**Dates** Thurs 8 July  
Thurs 19 August  
**Venue** The Hat Factory  
**Time** 1 - 3pm

**For further information contact:**  
call Headstart on 01582 417 878  
email: [info@headstartproject.org](mailto:info@headstartproject.org)

# be inspired

## BETTER LISTENING SKILLS

**Did you know that listening is a real skill to have?**

**Give it a Try** Better Listening is being delivered by the Samaritans. This session is an opportunity for you to learn how to listen and to be listened to! As a volunteer you'll learn how to listen well to others. You can also learn what you can do to make sure others are listening to you and to know the difference between listening and hearing!

**Dates** Tues 8 June  
Thurs 15 July  
**Venue** The Hat Factory  
**Time** 6.30 - 8.30pm

**For further information contact:**  
Nadia Whetton on 01582 548615  
email [nadia.whetton@lutonculture.com](mailto:nadia.whetton@lutonculture.com)

To book a place please call: Nadia Whetton on 01582 548615 / 07939 317716

# give it a try

## personal skills development

### **VOLUNTEERING INTO EMPLOYMENT**

**Enhance your personal development with Team East for Skills and explore alternative ways of finding work.**

Come along to a 2-day creative introductory course and find out what the Volunteering into Employment scheme has to offer you. These enjoyable and lively two day workshops concentrate on creative activities designed to engage and motivate people. Whether you are looking for training, contacts, new ideas, a change of focus, or personal support, come and give it a try!

- Find out about further training, opportunities and mentoring with Generations Together
- Share ideas and aspirations with like-minded people and have fun!
- Refreshments and lunch are provided
- Participants can claim travel expenses

**Dates** Thurs 24 June & Friday 25 June

**Venue** The Hat Factory

**Time** 10am - 3pm

**For further information contact:**

Steve Nation at Momentum Arts 01223 500202

email: [steve@momentumarts.org.uk](mailto:steve@momentumarts.org.uk)

[www.teameast.org](http://www.teameast.org)



**To book a place please call: Nadia Whetton on 01582 548615 / 07939 317716**

# gardening

give it a **try**

Generations Together gardening will involve older and younger people working together to share skills and develop, care for and lead tours of the community gardens. Learn about how to grow produce to cook and eat! The gardening Give it a Try events include:

## PICNIC & PLANTING

Come along, bring a picnic and volunteer your time to support the planting of a book themed flowerbed including Jane Austin, Alice in Wonderland and a Twilight /Dracula inspired flowerbed!

**Dates** Sat 22 May & Sat 19 June

**Venue** Stopsley Library

**Time** 1pm - 4.30pm

**For further information contact:**

Anna Simmons on 01582 556 654

email: [anna.simmons@lutonculture.com](mailto:anna.simmons@lutonculture.com)



To book a place please call: Nadia Whetton on 01582 548615 / 07939 317716

Photograph by Deloitte

### PLOTTERS WORKSHOP

A Stockwood Plotters workshop working with professional gardeners and horticulturists.

Try your hand as a volunteer at seed planting, watering, bed preparation and learn some tricks of the trade including self pollination and grafting!

**Dates** Half Term Week

(week commencing 31 May)

**Venue** Stockwood Discovery Centre

Greenhouses

**Time** 10 - 11am & 12 - 1pm

**For further information contact:**

Mary Miah on 01582 548610

or Ingrid Wilkes on 01582 546729

Email: [Ingrid.wilkes@lutonculture.com](mailto:Ingrid.wilkes@lutonculture.com)



To book a place please call: Nadia Whetton on 01582 548615 / 07939 317716

# give it a **try**

# circle of dance

## SEWING

Come along to our Give it a Try **Sew It Day** where you will have the opportunity to try new sewing skills and ask for advice about your sewing projects.

We are running two activities where you can bring along your sewing and knitting projects and work on them with other like-minded people.

We will also be creating a community patchwork quilt using different textile techniques such as appliqué, fabric painting, embroidery etc.

**Dates** Thurs 5 August

**Venue** St. George's Square

**Time** 2 - 4pm

**For further information contact:**

Hafiza Mohamed

or Caroline Wallace on: 01582 878100

## DANCE

**Circle Dance** is a very accessible form of dance for people of all ages and abilities, with the emphasis on participation, not performance!

The dances vary in pace from slow to very fast and everything in between! The pace too, affects the mood, as slow dances are often more reflective and meditative while fast dances are expansive and energizing! Above all, Circle Dance is enjoyable and fun, and many people would say, life-enriching.

**Dates** Mon 2 August

**Venue** St. George's Square

**Time** 2 - 4pm

**For further information contact:**

Hafiza Mohamed

or Caroline Wallace on: 01582 878100

To book a place please call: Nadia Whetton on 01582 548615 / 07939 317716

# greek dancing

summer festival

## GREEK DANCING

There are over 4000 traditional dances that come from all regions of Greece. Traditional Greek dancing has a primarily social function. It brings the community together in the lives of individuals and families, such as at weddings.

Come along with your friends and family and try traditional **Greek dancing!**

**Dates** Thurs 5 August

**Venue** St. George's Square

**Time** 2 - 4pm

**For further information contact:**

Hafiza Mohamed

or Caroline Wallace on: 01582 878100



To book a place please call: Nadia Whetton on 01582 548615 / 07939 317716



give it a **try**

## **Taster Sessions**

**24 - 28 June, 10am - 5pm**

**Open Mic, Singing, Dance, Film, Family History and more!**

**St George's Square, Luton**

**Just turn up, get involved and have fun!**

**WHEN?**

**WHAT?**

**WHERE?**

**generations  
together**



# generations together

## THE TEAM

### **Pauline Catlin-Reid**

Project Manager

Pauline.catlinreid@lutonculture.com

### **Nadia Whetton**

Volunteer Coordinator

Nadia.whetton@lutonculture.com

### **Rozia Hussain**

Consultation & Evaluation Officer

Rozia.hussain@lutonculture.com

## VENUES

### **Stockwood Discovery Centre**

London Road, Luton LU1 4LX

tel: 01582 548 600

### **The Hat Factory**

65 - 67 Bute Street, Luton LU1 2EY

tel: 01582 878 100

### **Wardown Park Museum**

Old Bedford Road, Luton LU2 7HA

tel: 01582 546 722

### **St. George's Square**

Luton LU1 2NG

creativity

friendship

learning

activity

fun



give it a **try**

Department for  
**Education**



[www.generationstogether.co.uk](http://www.generationstogether.co.uk)

Photography by **Natasha Cuffy** Thunder Photography [cnatasia@hotmail.com](mailto:cnatasia@hotmail.com)  
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